

Coach, Congulfant, Author & Speaker

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Experienced Professional

YEARS OF EXPERIENCE

ICF and ILM qualified coach with 20+ years experience working with schools and organisations across different geographical regions - West Africa, East Africa, Central Africa, the Caribbean and Middle East - and speaking at industry events.

NOTABLE ACHIEVEMENTS

- Worked with reputable organisations internationally including the *UN* in Ghana and Jamaica, *Hillcroft Women's Residential College* in England, *Channel 4 Television* in England, and the *Ministry of Education* in Malaysia
- Author of 4 books and co-author of 2
- Short stories and poems featured in Fifth Estate, Dovetails, Pure Slush, Home, The Writers Café and Flexible publishers
- Essays and academic articles have been published in *Pambazuka*, 72M and *Anastamos*

AS FEATURED ON

BARNES &NOBLE	hayes fm	booktopia Australia's local bookstore	MODERN GHANA
THE	docs	OTHER EXPATS	4 lulu

LEADERSHIP COACH

HELPING LEADERS ACHIEVE GREATER SUCCESS

Extensive experience developing middle management and senior leaders to:

- Improve organisational relationships and standards
- Build the capacity of middle management and senior leaders
- Improve professional practices
- Embed best-practice where it's missing

EDUCATION CONSULTANT

HELPING EDUCATORS INCREASE PERFORMANCE & PRODUCTIVITY

Specialist in:

- Teacher assessment and development
- Student mental health and well-being
- Curriculum development and evaluation
- School accreditation and inspection
- Content creation
- School self-evaluation and transformation
- Partnerships facilitation
- Accessing stakeholder CSR
- Intercultural awareness

AUTHOR & WRITER

- Author of 3 published books:
 - o Make the Changes, Feel the Joy
 - How to Work and Live Abroad Successfully (e-book)
 - And Then It Was 2020 (Poetry anthology #2)
- Contributor to 2 books by different authors
 - This is Us: Black, British, and Female (2019)
 - The Trusted Black Girl: Challenging Perceptions and Maximising the Potential of Black Women in the UK Workplace (2018)
- Short stories and poems are in Fifth Estate, Dovetails, Pure Slush, Home, The Writers Café, Flexible publishers
- Essays and academic articles published in Pambazuka, 72M and Anastamos

SPEAKER & MODERATOR

THOUGHT LEADERSHIP & ENGAGED AUDIENCES

Topics include, but are not limited to:

- The Future of Education
- Future of Work
- Impact of Technology on Education
- Intercultural Awareness
- Coaching in the Workplace
- Mental Health for Leaders
- Excellence in Education

HOW MBEKE CAN ADD VALUE TO YOUR ORGANISATION

MBEKE WORKS ON THE PERFORMANCE,
MINDSET, CULTURE AND MENTAL
WELLBEING OF LEADERS OF
INTERNATIONAL ORGANISATIONS AND
EDUCATIONAL INSTITUTIONS SO THEY
CAN ACHIEVE GREATER SUCCESS





LEADERSHIP COACHING & TRAINING

Mbeke walks off the beaten path when it comes to leadership development. As well as training leaders at events, her transformational WALK IT OUT private coaching sessions help leaders working in high-pressure environments gain a different and fresh perspective on things.



COACHING & CONSULTING FOR EDUCATORS

Mbeke has 20+ years of experience and cultural awareness working with educational institutions and educators across different geographical regions - West Africa, East Africa, Central Africa, the Caribbean and Middle East. She develops teachers, coaches heads of school, consults for educational institutions, and speaks at industry events.



NUCO MENTAL HEALTH SUPERVISORS TRAINING

In an increasingly volatile world, mental health has become a priority in all organisations. This training is suitable for anyone within the workplace, particularly those who hold a supervisory/managerial level position and are responsible for mental health support as well as implementing a positive mental health culture within their organisation.



SPEAKER & CORPORATE MODERATOR

Mbeke is available to add value and thought-leadership at industry and corporate events as a speaker, panel guest and moderator.







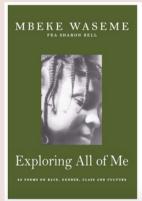
Mbeke works internationally and is a trusted voice in education and leadership development.

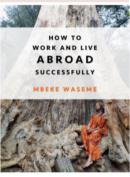


Behind-The-Scenes













CONNECT & WORK WITH MBEKE





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